



# Community Action Team

Serving Columbia, Clatsop, and Tillamook Counties



**Programs & Services**

# Human Investment Programs

## Housing Solutions Programs

Serving Columbia County

Housing Solutions Programs aim to address the housing needs of low-income individuals and families who are homeless or at risk of becoming homeless. We offer wrap-around supportive services that help individuals and families overcome barriers to long-term housing stability.

### Permanent Housing

Provides ongoing rental assistance, case management, and supportive services for low-income individuals who are chronically homeless.

### Rapid ReHousing

Provides rental assistance, case management, and supportive services to homeless individuals and families.

### One-Time Deposit & Rental Assistance

Provides limited assistance to low-income individuals and families who are homeless or at risk of becoming homeless.

### Supportive Services for Veteran Families

Assists eligible low-income veterans and families who are homeless or at risk of becoming homeless.

## Utility Assistance

Serving Columbia, Clatsop and Tillamook Counties

Our Energy Assistance programs aim to provide support to households in need of assistance with their energy and utility bills. We are committed to alleviating the financial burden of energy costs and promoting energy efficiency within our community.

- ▶ Electric & natural gas bill assistance
- ▶ Aid for pellets, wood, propane, and oil bills
- ▶ Furnace repair and replacement assistance
- ▶ Opportunity to attend Energy Education workshops
- ▶ Potential receipt of storm window and energy-saving kits

## Senior Programs

Serving Columbia County

### Home-Delivered Meals

Local senior centers partner with CAT to provide hot, nutritious meals to homebound residents aged 60 or above, as well as their spouse or dependent disabled adult children.

### Oregon Project Independence (OPI)

Assisting older adults in maintaining independence at home by offering minimal support with daily living activities.

### Client-Employed Respite

Temporary relief from caregiving duties, respite care reduces stress and burnout while enhancing the quality of care provided to family members.

### Options Counseling

Information on available services and supports is provided to individuals aged 60+ and adults with disabilities, enabling them to make informed decisions for independent living.

## Veteran Services

Serving Columbia County

The Veteran Service Program assists veterans and families in accessing entitled benefits and services. Our Veteran Service Office (VSO) provides advocacy and support for a range of benefits to ensure veterans receive deserved assistance.

- ▶ Service-connected disability, pension, and education benefits
- ▶ Healthcare coverage
- ▶ Burial benefits for veterans and survivors
- ▶ Dependency indemnity compensation (D.I.C.)
- ▶ Aid and attendance for disabled spouses of wartime veterans
- ▶ Housing and VA home loan assistance
- ▶ Assistance with obtaining DD214's, tax abatement, and benefit letters for other programs

# Community Investment Programs

## Housing Rehabilitation

Serving Columbia, Clatsop and Tillamook Counties

CAT's Housing Rehabilitation Programs offer crucial assistance to eligible low to moderate income households in the form of loans or grants. Both homeowners and renters can benefit from a range of services designed to address essential repairs.

Funding options for Housing Rehab programs include 0% interest loans with a 30-year term, deferred (no) payment loans, or potentially grants, depending on eligibility and availability of funds.

### Lend-a-Hand

Lend-a-Hand is a program dedicated to providing minor repairs and necessary accessibility upgrades that enhance livability and safety for seniors, disabled individuals, and veterans who lack the financial means to undertake these improvements on their own.

### Weatherization

By improving the energy efficiency of homes and prioritizing health and safety, our Weatherization program aims to reduce energy costs for low-income families.

### Self-Help Owner Occupied Rehabilitation Program (SHOORP)

CAT staff will help guide homeowners to repair or rehabilitate their home with the help of their family, friends or volunteers.

### Healthy Homes

Our Healthy Homes program focuses on making repairs and implementing remediation measures to enhance the home environment for low-income families and individuals. It serves both renters and homeowners, ensuring everyone can enjoy a safe and healthy living space.

### DEQ Septic Repair Program

Homeowners and small businesses grappling with failed or failing septic systems may be eligible for repair or replacement through this program.

## Affordable Housing

Serving Columbia, Clatsop and Tillamook Counties

Community Action Team is the developer and owner of affordable housing. CAT collaborates with other organizations in the development of affordable housing and seeks out new opportunities to construct and preserve affordable housing.

CAT currently owns:

- ▶ Forest Park (80 units) in St. Helens
- ▶ Elk Creek Terrace (36 units) in Cannon Beach
- ▶ Blue Heron Hollow (26 units) in Vernonia
- ▶ Victorian-Olive (21 Senior Units) in Scappoose

- ▶ Core Hill in Vernonia (single-family home)
- ▶ 9<sup>th</sup> St. home in St. Helens (single-family home)

CAT also manages and provides maintenance services at various locations in St. Helens, including:

- ▶ 18<sup>th</sup> Street Apartments (16 units of homeless housing)
- ▶ Centennial House (two units of permanent supportive housing)
- ▶ 18<sup>th</sup> Street and 10<sup>th</sup> Street single-family homes for transitional living

## The Home Ownership Center

Serving Columbia, Clatsop and Tillamook Counties

The Housing Center serves first-time homebuyers, current homeowners, and renters. The Housing Center provides education and coaching pre-and post-purchase, and foreclosure prevention counseling services for families of modest means.

- ▶ First-time Home Buyer Education
- ▶ Pre- and post-purchase counseling
- ▶ Credit & Financial Coaching
- ▶ Foreclosure Prevention
- ▶ Mortgage Payments
- ▶ Loan Preservation Assistance.

# Child and Family Development

## Head Start & Early Head Start

Serving Columbia, Clatsop and Tillamook Counties

Head Start and Early Head Start is a comprehensive preschool program that promotes school readiness of children from birth to age five from low-income families by enhancing their cognitive, social, and emotional development. Programs provide a learning environment that supports children's growth in many areas such as language, literacy, and social and emotional development for children age three to five in the classroom.

Head Start and Early Head Start emphasizes the role of parents as their child's first and most important teacher. Head Start and Early Head Start builds relationships with families to support family well-being and positive parent-child relationships, families as learners and life-long educators, family engagement in all aspects of the program, family connection to their community and families as advocates and leaders.

## Healthy Families

Serving Columbia, Clatsop and Tillamook Counties

Healthy Families is a free program that provides family support and parent education through a home visitation program for prenatal or new birth families. Families can enroll up to 90 days after birth and stay enrolled through the age of three.

Healthy Families offers education, support, and information to families as they grow, develop, and learn.

- ▶ How to care for your infant through toddlers, including tips on feeding, sleep and safety
- ▶ How to keep you and your baby healthy
- ▶ Parent and Child bonding including attachment activities
- ▶ Help with depression or drug and alcohol problems
- ▶ Referrals to community resources

## Community Action Team Mission and History

Since 1966, Community Action Team (CAT) has empowered individuals and strengthened communities. From federally-funded Head Start programs, we have expanded our services to combat homelessness, promote affordable housing, enhance early childhood development, support disaster recovery, and provide utility assistance. Grounded in our values of empowerment, compassion, collaboration, and equity, we strive for equal access to opportunities and resources.

CAT is guided by a community-based Board of Directors, ensuring decisions align with our community's best interests. Our funding primarily comes from state and federal programs, supplemented by occasional foundation grants. We recognize the importance of diverse funding sources and community involvement in sustaining our mission and expanding our impact.

Responding to Oregon's call for Community Action Partnership representation, we established advisory boards in Tillamook and Clatsop counties, evolving into Community Action Resource Enterprises (CARE) in Tillamook and Clatsop Community Action (CCA) in Astoria. These agencies, along with our advisory boards and partner organizations, enable us to better serve and advocate for our diverse populations.

With a rich history of service and a commitment to our vision, CAT remains dedicated to making a lasting difference in our communities. We believe in providing access to safe housing, educational opportunities, and the support necessary for individuals to reach their full potential. As we adapt to evolving needs, we strive to create positive change and build a thriving, resilient, and inclusive communities for all.

### Family Resource Center

#### Administrative Office

125 North 17<sup>th</sup> Street  
Saint Helens, OR 97051

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PHONE (503) 397-3511

FAX (503) 397-3290

TTY (855) 673-2372

### Head Start Office

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Rainier, OR 97048

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